

AAU Gymnastics

LEVELS
ALL
AGE GROUP
YOUTH & ADULT

MAY 31 - JUNE 2
2024

\$95 /\$110/\$125

- \$95 PRE-REG RATE DUE BY FEB 28
- \$110-REG RATE DUE BY APRIL 15
- \$125 LATE REG. SUBJECT TO AVAILABILITY

REGISTER THROUGH MEET MAKER!
HTTP://WWW.MEETMAKER.COM/MEETDETAILS?
EID=8352

EMAIL ANY QUESTIONS TO :
XTREMEGYMPB1@GMAIL.COM



**SAVE THE
DATE!**

XTREME GYMNASTICS HOSTS:

AAU MIDWEST REGIONALS

GREENSFELDER RECREATION COMPLEX AT QUEENY PARK

550 WEIDMAN RD,
MANCHESTER, MO 63011.

Jessica Walker-Luce
xtremegympb1@gmail.com
573-429-2555

Awards: 50% + 1 events, 100% all-around
Judges: NAWGJ 2 judge panels

HOST HOTEL INFORMATION

MARRIOTT ST LOUIS WEST

BOOKING LINK: [HTTPS://WWW.MARRIOTT.COM/EVENT-RESERVATIONS/RESERVATION-LINK.MI?ID=1695412428476&KEY=GRP&APP=RESVLINK](https://www.marriott.com/event-reservations/reservation-link.mi?ID=1695412428476&KEY=GRP&APP=RESVLINK)

DOUBLETREE CHESTERFIELD

BOOKING LINK:
[HTTPS://GROUP.DOUBLETREE.COM/KZK2GL](https://group.doubletree.com/kzk2gl)

AVAILABLE TO BOOK THROUGH APRIL 30

HOTELS ARE APPROXIMATELY 5 MILES FROM QUEENY PARK

This event is licensed by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

2024 AAU MIDWEST REGIONALS | MAY 31-JUNE 2

HOSTED BY: XTREME GYMNASTICS

MEET LOCATION: GREENSFELDER RECREATION COMPLEX AT QUEENY PARK 550 WEIDMAN RD, MANCHESTER, MO 63011

MAILING ADDRESS: 132 FOREST MEADOW, POPLAR BLUFF, MO 63901

MEET DIRECTOR: JESSIE WALKER-LUCE (573) 785-3780

EVENT DATE: MAY 31, JUNE 1, JUNE 2, 2023

GYMNAST ENTRY FEE:

\$95 – PRE-REGISTRATION RATE-- PAYMENT DUE BY FEB 28

\$110--STANDARD REGISTRATION RATE--PAYMENT DUE BY APRIL 15

\$125--LATE REGISTRATION RATE. SUBJECT TO AVAILABILITY.

PLEASE REGISTER ALL ATHLETES THROUGH MEET MAKER USING THIS LINK:

<http://www.meetmaker.com/meetdetails?eid=8352>

LEVELS: ALL XCEL DIVISIONS; LEVEL 1-8; BOYS 4 X 4; ADULT GYMNASTICS LEVELS

ENTRY DEADLINE:


APRIL 15, 2024 LATE ENTRIES MAY BE ACCEPTED BASED ON AVAILABILITY.

Please help us plan our meet as effectively and efficiently as possible by turning in your entry forms and payment by the due date! Thank you in advance for your cooperation!

ADMISSION CASH ONLY: \$15.00 ADULT, \$10.00 CHILDREN (5-12 YRS)

AGES 4 AND UNDER ARE FREE

Please make sure your parents are aware of the entry fees. This helps prevent "disgruntled spectators." Thank you!



2024 AAU MIDWEST REGIONALS | MAY 31-JUNE 2

EQUIPMENT: AAI/UAI EQUIPMENT PROVIDED BY UNITED ATHLETIC

FORMAT: MODIFIED CAPITAL CUP

RULES: THIS EVENT WILL FOLLOW ALL AAU GYMNASTICS NATIONAL RULES.

AWARDS: MEDALS FOR INDIVIDUAL EVENTS AND ALL AROUND; WE WILL BE AWARDING 50% + 1 FOR EVENTS; ALL AROUND WILL BE 100% RECOGNITION..

ADDITIONAL AWARDS: REGIONAL TEAM MEMBERS: THE TOP 3 SCORES IN EACH EVENT IN EACH LEVEL PER SESSION REGARDLESS OF AGE OR DISTRICT. AFFILIATION WILL BE NAMED A REGIONAL TEAM MEMBER AND RECEIVE A REGIONAL TEAM MEMBER PIN/MEDAL AND CERTIFICATE OF RECOGNITION.

REGIONAL ALL-AMERICAN: ONE REGIONAL ALL AMERICAN NAMED PER SESSION PER LEVEL REGARDLESS OF AGE DETERMINED BY THE HIGHEST ALL AROUND SCORE PER LEVEL IN EACH SESSION.



2024 AAU MIDWEST REGIONALS | MAY 31-JUNE 2

REFUND POLICY: REFUNDS DUE TO INJURY OR ILLNESS WILL BE PROVIDED THROUGH MAY 1, 2024, WITH A VALID DOCTOR'S NOTE/EXCUSE.

If the entire event is canceled, refunds will be provided less any non-refundable expenses (awards, prepaid hospitality, etc.)

AGE GROUPS: NO MORE THAN 12 GYMNASTS WILL BE ALLOWED PER AWARDS AGE GROUP.

Age groups will be determined by the closest birthdays within a level.

JUDGES: JUDGES ARE RATED THROUGH NAWGJ.

HOSPITALITY: MEALS PROVIDED FOR A LIGHT LUNCH AND DINNER; SNACKS THROUGHOUT THE DAY.

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