



2024 AAU MIDWEST REGIONALS

SATURDAY, JUNE 1, 2024

doors open 7:40 am

SESSION 1

XCEL BRONZE

Open stretch	8:00 am
March in:	8:15 am

SESSION 2

XCEL SILVER—11 & up

Open stretch	11:25 am
March in	11:40 am

SESSION 3

XCEL SILVER—10 & under

Open stretch	2:25 pm
March In	2:40 pm

SESSION 4

LEVEL 6

LEVEL 7

LEVEL 8

XCEL DIAMOND

ADULT BRONZE/GOLD/PLATINUM/DIAMOND

Open stretch	6:15 pm
March In	6:35 pm



2024 AAU MIDWEST REGIONALS

SUNDAY, JUNE 2, 2024

doors open 7:40 am

**SESSION 5
XCEL GOLD—13 & under**

Open stretch	8:00 am
March in	8:15 am

**SESSION 6
XCEL GOLD—14 & up
XCEL PLATINUM
LEVEL 4**

Open stretch	11:45 am
March in	12:05 pm

**SESSION 7
LEVEL 1
LEVEL 2
LEVEL 3
BOYS 4X4**

Open stretch	3:00 pm
March in	3:15 pm