BID FORM FOR 2020 AAU JUMP ROPE TOURNAMENT

Name of Event: __________________________  Date of Event: ______________

Name of Host Organization: ________________________________________________

Name of Director: __________________________  2020 AAU #: __________________
Address of Director: ________________________________________________________
Email Address: __________________________  Phone No. ________________________

Number of Events Hosted in past 3-5 years: ________ (provide list below)
    1. __________________________  location: __________________________
    2. __________________________  location: __________________________
    3. __________________________  location: __________________________
Number in attendance at your largest event? ______________

Facility proposed for Tournament: ___________________________________________
    Facility Address: ________________________________________________________
    Size of Event Area: ________________  Warm-Up Area: ________________
    Spectator Capacity: ________________  Air-conditioned: Yes ___ No ___
    Facility Rental Fee: ________________  Number of Restrooms: M ____ F ___
    Parking Availability: ____________________________________________________
    Nearest Airport: ____________________  Distance from site: ___________

Hotel Accommodations in area:
    1. __________________________________________________
    2. __________________________________________________

Please note these Tournament Hosting Requirements:
    1. Tournament must be licensed by the AAU; Event License should be applied for once bid has been approved by the AAU Jump Rope Committee
    2. Registration fee for AAU Qualifying Tournaments is $40.00 per athlete.
    3. Host Team required to submit a capitation fee of $5.00 per athlete registered to the AAU Jump Rope Committee within two weeks of event.

I certify that the above information is accurate, that am I a current member of AAU, and that I agree to follow the guidelines established by the AAU for conducting this event.

Signature: __________________________  Date: ______________

Bid forms must be submitted to Cindy Bork at borkcindy91@gmail.com for review by the AAU Jump Rope Committee. The priority deadline for submitting bid forms is September 30, 2019. Late bids will be accepted for committee review.
We thank you for your willingness to conduct a 2020 AAU Jump Rope Tournament! Hosting tournaments provide athletes the opportunity to compete, prepare for other competitions, and have fun! All athletes participating in licensed AAU Jump Rope tournaments qualify to register for the 2020 AAU Junior Olympic Games in Virginia Beach, VA.

Please establish a Tournament Committee of 3-5 people to include Tournament Director, Technical Director and representative of AAU Jump Rope (or designees for each position)

TOURNAMENT DIRECTOR'S RESPONSIBILITIES AND CHECKLIST:

1. **MEMBERSHIP**: All Tournament Directors, participating Coaches, Judges, Scorers, Teams and Athletes **MUST** be current AAU members. Membership may be applied for on-line at [www.aausports.org](http://www.aausports.org). Registering on-line will allow you to print your own membership card. Adult members are now subject to a background check conducted at AAU expense. It is strongly urged that Coaches print a copy of each Membership Number for their records. The Tournament Director must check all membership numbers. AAU numbers must be provided before the tournament and cannot be applied for on the day of competition.

2. **RULES**: All AAU tournaments **MUST** be AAU sanctioned and administered according to the AAU Jump Rope rules contained in the 2020 AAU Competition Rulebook. These are available on the AAU website at [www.aausports.org](http://www.aausports.org). Click on Homepage, select Jump Rope and then Rules.

3. **JUDGES**: Judges **MUST** be officially certified each year at an AAU or USAJR judging clinic. Judges **must** be current AAU members. All judges and official volunteers **must** wear white shirt, either plain white, white AAU or white USAJR shirt (no team logos); navy blue pants, shorts, or skirt (not denim); and non-marking athletic shoes. Minimum judge age at a qualifying tournament is 16 years old, 18 years old for AAU Junior Olympic Games. Judges should have a balanced representation across teams on panels as much as possible. Each participating team **MUST** provide 1 judge for each 4 athletes competing.

4. **CERTIFICATION OF JUDGES**: This **MUST** be done each year. Those qualified to conduct certification clinics are: USA Jump Rope Judging clinicians, members of the AAU Jump Rope Committee, and certain other individuals designated by Jim McCleary, AAU Jump Rope Chairman. Judges must be trained no later than 28 days prior to the tournament. Requests for exceptions may be submitted to the AAU Jump Rope Committee c/o borkcindy91@gmail.com

5. **TOURNAMENT BIDS**: An official bid-form for a hosting an AAU Jump Rope Tournament **must** be sent for approval to Cindy Bork, AAU Jump Rope Secretary General by email to borkcindy91@gmail.com. Forms are available at [www.aaujumprope.org](http://www.aaujumprope.org) under Resources.

6. **EVENT LICENSING**: This is mandatory for AAU insurance purposes. It must be done through the AAU National Office online at [www.aausports.org](http://www.aausports.org). Tournament Directors must be familiar with AAU event licensing guidelines. Clubs requesting sanctions must be Level 2 or 3 AAU clubs.

7. **FINANCES**:
   i. Develop a **BUDGET** for your tournament.
   ii. All **REGISTRATION FEES** and entry forms for tournaments, including AAU membership numbers, must be sent to you **to arrive by 4 weeks** ahead of your tournament date. The basic registration fee for your qualifying tournament is $40 per participant. Late registrations may be accepted at the Tournament Director’s discretion. A $10 late fee should be added.
   iii. **SPECTATOR FEES** may only be charged if announced with the Tournament information. No AAU member may be charged a spectator fee. The maximum spectator fee to be levied is $5.
   iv. **CAPITATION FEE**: The Registration Fee includes a $5 per person capitation fee. Capitation fees, along with the Capitation Fee Report, should be sent to the AAU Jump Rope Treasurer,
Lee Purser, at 210 Kings Castle Drive, Apex, NC 27502 within two weeks after the completion of your tournament.

v. **BILLS** for facility, awards and other expenses will be paid by you from registration fees.

8 **AWARDS:** Order awards for licensed AAU tournaments from the AAU National Office after you have obtained event license confirmation. Order forms are available online. To avoid extra shipping fees and late charges, awards should be ordered at least 15 workdays in advance. Medals are given for the top three places in the Overall Triple Crown combined events and ribbons for at least the top 6 place winners in the component events. Tournament Directors have the discretion to use the generic AAU Sports for All medals (with undated red/white/blue lanyards) or AAU District Championship medals (lanyards dated with the year), depending on how the tournament is licensed. Be sure you allow enough medals and ribbons for pairs and DD Triple Crown participants in each event. 71 sets of medals, 185 ribbons for each place if all age-groups are filled. Order sensibly as awards are **not returnable**. Other Tournament Directors may need extras.

9 **SCORING SYSTEM:** Obtain the use of appropriate computer equipment to run the Microsoft Access-based software for the Jump Rope competition scoring system. Be sure to request software for the AAU scoring module and the accompanying handbook from Lee Purser, Technical Director, Lee.Purser001@yahoo.com. Lee will be your support person if you encounter difficulties in set-up or scoring. A person of your choice will set up the Microsoft Access database. Be sure you have a head scorer/technician familiar with the program. He will load the registration data into the computer 2-3 weeks ahead and will enter the scores in on tournament day. You will also need 2 scorers at each freestyle judging area. One will tally and enter the scores from the judges onto each entrant’s summary score sheet and the other will check the scores again. All scores should be checked twice.

10 **SCORE-SHEETS:** After all entries are entered into the computer and the appropriate checking of AAU ID’s in the system, sorting and assignment of judges and athletes to events have been done, use the Tournament Assistant program to generate all the judging sheets: 1 sheet per competitor in each speed and power event, 1 entry summary sheet, 1 Head Judge Sheet per entry and the Presentation and Content Panel Judge Sheets for each judge per freestyle entry. {2 Head Judges, 3 Content, 3 Density and 3 Presentation when approved}. Use the AAU Tournament Assistant program to generate the score-sheets for all the events and judges. Two sets of **Head Judge** sheets are required for the Group Routine competition. The scorer will average these before entering that result into the computer. **Allow several days to print off and sort these sheets prior to tournament day.**

11 **REGISTRATION INFORMATION:** A Sample Registration Packet is included with this Tournament Directors Guide. Mail, or preferably e-mail, the following items to all teams in your area. You should also be prepared for teams from outside your area to send in registration forms since all AAU Jump Rope tournaments are open in 2020.

   Included should be:
   - Individual athlete entry forms
   - Team Event Entry Registration Spreadsheet (to be sent electronically)
   - Judges and officials sign-up list (1:4 athletes)
   - Information should include date, time, location, directions, local hotel information, schedule and fee required
   - All contact information for the Tournament Director: - telephone numbers, e-mail address
   - Pre-order form for T-shirts and/or lunches, if applicable
   - A reminder that all registration fees, waiver forms and registration forms should be returned to you, complete with AAU membership numbers and **be received** 28 days prior to tournament date.

You can work with Alex from AAU Headquarters to send out a tournament flyer and information to your local area or District; contact Alex at 1-407-828-3765, or by e-mailing him at awilzbacher@aausports.org. Use USAJR Regional and State Reps and Board Members to get the information out to people in your area. If you are a registered USAJR Coach, you may request a copy of the Coaches list, to which you are entitled, from the
USAJR office 1-936-295-3332 or obtain it from www.usajumprope.org. Get invitations to Jump Rope For Heart Teams, by contacting the local American Heart Affiliate office in your region, National Double Dutch teams at www.nationaldoubledutchleague.com, American Double Dutch Teams in your area by contacting the American Double Dutch League at 1-800-982-ADDL. The Boys and Girls Clubs, Girls, Inc. and Girl Scouts also work on jump rope and may be interested.

12 **ELIGIBILITY**: Remind coaches that all participants, coaches and officials must provide current AAU membership numbers before they may participate. **Check that AAU number is provided with registration materials and that age given is correct for events entered.** Under no circumstances may anyone participate without a current AAU Membership number, or your tournament will not be official.

13 **PLAN AHEAD** with your team to cover the logistics of the tournament, concession stand, first-aid station, etc. Have an official Emergency Plan in place. Lunch should be provided for judges and officials if possible. Don’t forget you will need an Announcer to keep the flow of the tournament going as well as a Sound Person for playing the MP3’s, and your Judges.

14 **MP3 Files will be used this year**: MP3 files with standardized timing and calls for each event are available on the AAU web site at http://www.aaujumprope.org/Rules/RulesHandbook.aspx. You can also contact Paul Feciura at (703) 244-4599 jbccoach@aol.com, if you have any problems downloading the files. Please be sure to have a back-up copy of the files on a separate MP3 at the tournament.

15. **RESULTS AND TOURNAMENT WRAP-UP**: Immediately after your event, please:
   (1) E-mail the zipped database to both Lee Purser lee.purser001@yahoo.com and Cindy Bork borkcindy91@gmail.com
   (2) **Within 2 weeks** of the completion of your tournament:
       Send the following items by email to Cindy Bork at borkcindy91@gmail.com:
       - Copy of Capitation Fee Report Form (original form with payment is sent to Lee Purser)
       - List of all participating teams and coaches with addresses, telephone/e-mail numbers
       - List of all participants at your tournament with AAU numbers

       Send the following items to Lee Purser, 210 Kings Castle Drive, Apex, NC 27502:
       - Capitation Fee Report and check for Capitation Fees of $5 per registered competitor; **Check should be payable to AAU Jump Rope**

       **NOTE**: All tournament score-sheets should be retained for one year

16. **PHYSICAL PLANNING** for the tournament: Set up the competition areas so that jumpers and judges are separated from the audience. Establish a warm-up area and holding area for the events. Other jumpers, family members and coaches should not be allowed on, or very near, the competition floor or the judges, except coaches in the support boxes. It would be preferable for the judges to sit alternating Content and Presentation (Head Judges, Content, Presentation and Density when approved). They should not be able to confer on scores. Floor tape should clearly mark the jumping areas and the center of the freestyle areas. The judges should be positioned outside the area for freestyle. Be sure you have enough mechanical counters, stop watches, pencils, score-sheets, calculators etc. for your needs – see checklist.

17. **AAU JUNIOR OLYMPIC GAMES**: The only way that qualified athletes can register for the AAU Junior Olympic Games is online at www.aauirogames.org.

Good luck with your event! If you need help, do not hesitate to contact Cindy Bork at borkcindy91@gmail.com or contact Jim McCleary at jamesemcleary@gmail.com
CHECKLIST FOR TOURNAMENT DIRECTORS

Computer pre-loaded with entry data from participants and teams; copy of this data on a memory stick
Copy of the AAU Tournament Assistant Application Handbook
A Printer that functions with the computer you have and extra ink/toner
Copy paper for printer and copier as needed
Pre-printed event summary score-sheet for every speed, power and freestyle event entry
Pre-printed freestyle score-sheets to include Head Judge, Head Content, 4 Content Judges, Head Presentation, and 4 Presentation Judges for each entry generated by computer (NOTE: there are 2 Head Judges for Group Routine)
Spare copies of blank score-sheets for re-jumps or other issues
Original Registrations submitted by each team
2020 AAU Jump Rope Handbook (Rulebook)
2020 USA Jump Rope Judging Handbook for both AAU and USA events
Coaches’ Packets including: Schedule, Judging Assignments, T-shirts, other event-specific information
Judging and Officials’ Assignment sheets for each official or several to post on walls
Central Sound system with dual MP3 Player capability for Official Timing and for music in freestyle
Microphone
Official MP3 Timing Files; National Anthem
Tables and chairs for judges, computer people, scorers, awards, announcer, as well as for food and merchandise (if provided)
Station Number Markers
Red flags, enough for each station, to indicate readiness at station and for the backline judge in freestyle
Floor tape to mark each Freestyle and Speed area, plus center of freestyle areas; 2” painters tape works, or other acceptable gym floor tape
2’ x 2’ Support boxes should be marked adjacent to each station if space permits
50 – 100-foot Tape Measure
Safety cones and caution tape as needed
Flipcharts to indicate progress of heats
Clickers
Clipboards
Pencils and sharpener (electric if possible)
Pens, markers and highlighters
Paper clips, Staplers and staples
Calculators for Tabulators and computer table
Extension cords and power strips
Acceptable wall tape for posting announcements and results
Awards – medals, ribbons, trophies

71 sets of gold, silver and bronze medals
185 Ribbons each for 1st – 6th place (if all age groups full for each event, adjust number to meet needs of your tournament)
Plaques or trophies for 1st – 3rd place in Jr. and Sr. Group Team (optional)
Participation Ribbons-optional

Banners – Team, state, AAU banners available from AAU HQ (optional)
Food and drink for concessions, including courtesy lunch for officials if feasible
Merchandise for sale: ropes, pins, shirts, etc.
Cart to haul supplies, or strong helpers
Cell-phone with emergency numbers for technical assistance or injury
Event specific items

The following pages include:
- Sample Event Flyer
- Sample Invitation Letter to Coaches
- Athlete Registration Form
- Protest/Appeal Form
- Capitation Fee Report
AAU **Insert Event Name** *(ex. AAU MD Open Jump Rope Tournament)*

Where: *Insert Event Location and Address*

When: *Insert Date*, 2020

Hosted by: *Insert Host Team Name*


Events:
- **Individual** – A Triple Crown event consisting of 3 component events: Speed (60 secs), Power (60 secs) and Freestyle to music (60-75 secs)
- **Pairs** – A Triple Crown event consisting of 3 component events: Pairs Speed (2x30 secs), Pairs Power (2x30 secs) and Pairs Freestyle to music (60-75 secs)
- **Double Dutch Single** – A Triple Crown event (group of 3 athletes) consisting of 3 component events: DD Single Speed (60 secs), DD Single Power (60 secs), DD Single Freestyle to music 60-75 secs)
- **Double Dutch Pairs** – A Triple Crown event (group of 4 athletes) consisting of 3 component events: DD Pairs Speed (4x30 secs), DD Pairs Power (2x30), and DD Single Freestyle to music (60-75 secs)
- **4-Person Single Rope Freestyle** choreographed to music (60-75 sec)
- **Timed Triple Unders** for 60 seconds, for ages 15+
- **Junior and Senior Group Routine** choreographed to music (2 to 4 minutes). 8 – 24-person event.

Age-groups: **Individual Events:**
- **Females:** 8 and under, 9, 10, 11, 12, 13, 14, 15-16, 17-18, 19-22.
- **Males:** 8 and under, 9-10, 11-12, 13-14, 15-16, 17-18, 19-22.
- **Pairs***: 8 and under, 9-10, 11-12, 13-14, 15-17, 18-22.
- **Double Dutch***: 12 and under, 13-14, 15-17, 18-22.
- **Timed Triple Unders**: 15-22

**Group Routines*** and **4-Person Single Rope Freestyle***: 14 and under and 15-22

Age is determined by the competitor’s age on June 15, 2019.

*In multi-person events, age is determined by the age of the oldest competitor in the event.

Awards: Gold, Silver and Bronze for All-Around winners in each Triple Crown event and age-group. 1st – 6th (or 8th if providing) place ribbons for component events.

Cost: $40 registration fee, payable to *Insert Host Team Name*.

Rules: **2020 AAU competition rules will apply.** A copy of the 2020 AAU Jump Rope Rulebook (Handbook) can be downloaded from the web at [www.aausports.org](http://www.aausports.org); click on Jump Rope. All athletes and coaches must be current AAU members to participate.

Officials: Please note that for AAU Jump Rope Competition, one official must be provided for every 4 athletes competing from a team. All judges and officials must be current AAU members.

To Register: Entry Forms may be obtained from *Insert Name*, Tournament Director, *insert email address*

Deadline: *Insert date*, 2020 (Late fee $10 for all late registrations)

Spectators: Spectators are welcome at no charge

Concessions: *Include info for your event, sample:* Limited concessions will be available at this event. Several fast food restaurants are nearby. Participants may bring lunch or choose to pre-order lunch. Information about pre-ordering lunches and event t-shirts will be included in Registration Entry materials.

NOTES:
- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
- Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow at least 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.
# 2020 AAU Qualifying Tournament Registration

<table>
<thead>
<tr>
<th>Tournament Date:</th>
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<tbody>
<tr>
<td>Name</td>
<td>2020 AAU Membership # (Required)</td>
</tr>
<tr>
<td>Date of Birth</td>
<td>Age as of June 15, 2020:</td>
</tr>
<tr>
<td>Team Name</td>
<td>Coach’s Name:</td>
</tr>
<tr>
<td>Competitor Mailing Address</td>
<td></td>
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<tr>
<td>City</td>
<td>State</td>
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<tr>
<td>Phone No.</td>
<td>Email Address</td>
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## Participant Agreement

- All persons associated with the AAU Junior Olympic Games and its qualifying tournaments must adhere to the rules and guidelines outlined in the Amateur Athletic Union Official Code Book and the 2020 AAU Jump Rope Rulebook.
- All participants agree to conduct themselves in a manner displaying good sportsmanship throughout the tournament. The coach is responsible for seeing that team members, coaches, parents, representative judges and any other persons affiliated with their team conduct themselves accordingly. Ungentlemanly or unladylike conduct includes, but is not limited to: the use of obscene or profane language and gestures at the competition venue, or the doing of any act which tends to disrupt or obstruct a competition, or bring this Union or amateur athletics into disrepute. Severe cases of poor sportsmanship or conduct will result in disqualification.
- Any questions concerning the rules or procedures for the tournament will be handled exclusively by the designated coach of the team and must be directed to the Tournament Committee.
- Any interpretation of the tournament rules or any decision involving any aspect of the tournament will be rendered by the Tournament Committee. The Tournament Committee will render a judgment in an effort to insure that the tournament proceeds in a manner consistent with the general spirit and goals of the AAU.
- By participating in this tournament, each competitor and team representative agrees that the decisions made by the Tournament Committee will be final and will not be subject to review. Each competitor acknowledges the necessity for the judges to make prompt and fair decisions in this competition. Other than the process outlined in the 2020 Jump Rope Handbook, each competitor and coach waives any legal, equitable, administrative or procedural review of such decisions.
- Any competitor or team representative that does not adhere to the terms and procedures above may be disqualified from the tournament and automatically forfeits the right to any awards presented by the tournament. In addition, the competitor or team representative may also forfeit the opportunity to participate in any qualifying tournament and the AAU Junior Olympic Games tournament the following year.

I/we hereby request your acceptance of this application for registration of my child, _____________________, in the AAU Qualifying Tournament on ___________________, 2020. In consideration of your acceptance of this application, I/we hereby release all persons associated with the Amateur Athletic Union (AAU), or its designated host team from all claims and causes of action arising from injury to the participant in this AAU qualifying tournament, whether such injury is the result of negligence or some other cause. If medical attention is required for injury or illness while at the tournament, I/we also give permission for such medical care and I/we shall be financially responsible. I/we also give my/our permission for the AAU to use any videos or photographs of the participant for publicity or promotional purposes.

<table>
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<tr>
<th>Signature (Parent/Guardian if under 18)</th>
<th>Date</th>
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Tournament Director Use Only:

Date Received_____ $40 Fee Paid: _____ cash/check # _____ $10 Late Fee included if applicable___
# PROTESTS AND APPEALS

**Protest Procedures:** Any protest arising from an infraction of the rules during the competition must follow the stated process:

1. Within thirty (30) minutes after an occurrence, a verbal protest must be made to the Tournament Director by the coach of the affected party.
2. The Tournament Director shall rule on the protest upon notification.
3. The decision is either accepted or rejected by the protesting coach.
4. If the protesting coach refuses the decision, the next step is to file an appeal.

**Appeal Procedure:**

1. A written appeal must be made within thirty (30) minutes after the Tournament Director’s decision is rendered. Protests should be written on the official appeal form.
2. The appeal must be made by the designated coach of the team involved, who shall alone present the appeal and receive the decision of the Tournament Committee.
3. The appeal must be accompanied by a bond of twenty five US dollars ($25.00) in cash. This bond shall be returned if the appeal is successful (the decision of the Tournament Director is overruled). If the appeal is not successful (The decision of the Tournament Director is affirmed), The bond shall be forfeited and retained by the AAU Jump Rope Committee.

**Failure to Protest:** Any individual with a right to protest shall lose that right if the appropriate protest is not properly made in a timely manner and in complete accordance with these rules.

**Finality:** The decision of the Tournament Committee shall be final.

**Binding Nature:** The decision of the Tournament Committee shall be binding on all persons directly or indirectly involved and should be accepted in the spirit of good sportsmanship and fair play.

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### JUMP ROPE APPEAL FORM

<table>
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<tr>
<th>NAME OF ATHLETE(S)</th>
<th>TEAM</th>
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| EVENT | HEAT | STATION |

**DESCRIPTION OF GRIEVANCE (Continue on back if necessary)**

| Signature of Coach of Record | Date | $25 Appeal fee received |

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The AAU Capitation Fee is $5.00 per competitor participating in a licensed AAU Jump Rope tournament.

Number of Competitors: ________ x $5.00 each = ___________ Amount Due

Completed form and payment are due within 2 weeks of tournament date.

Please make check payable to **AAU Jump Rope** and mail to:
Lee Purser, AAU Jump Rope Treasurer, 210 Kings Castle Drive, Apex, NC 27502

Please also email copy of this form to Cindy Bork at **borkcindy91@gmail.com**
2020 DIFFERENCES BETWEEN AAU AND USAJR RULES

EVENTS: USA Jump Rope (USA) has all separate medal events with a combined team championship for speed, freestyle, Team Show and overall events at US National Championship.
Amateur Athletic Union (AAU) has combined: Triple Crown of Speed, Power and Freestyle in Individual, Pairs, Double Dutch Single, and Double Dutch Pairs Events at the AAU Junior Olympic Games (J.O. Games), as well as a 4-person freestyle event and Group Routine event.

GROUPS: USA: Team Show- a Group Routine that includes: Traveler, Wheels, Double Dutch and Long Rope segments. 2 team sizes, Small Group is 6 - 12 athletes, and Large Group is 13 –30 athletes. Maximum of 4 minutes. If less than 3 entries combine age groups.
AAU: Group Routine with individual ropes. Size: 8 - 24 athletes, 2-4 minutes
Age-groups: Junior Group is 14 and under; Senior Group is 15 – 22
2 Head Judges required for Group Routine. Scores averaged.
Content Judges take number of participants in Group Routine into consideration

AGES: USA: 30 second, 1 and 3-minute speed, 30 second double unders and single freestyle.
8 and under is at Regional Level only. Must compete in 9 yr. old or 10-under division if trying for Nationals
Males: 10 & Under, 11-12, 13-14, 15-17, 18-22, 23-29, 30-49, 50+
Females: 9, 10, 11, 12, 13, 14, 15, 16, 17, 18-22, 23-29, 30-49, 50+
Pairs, Speed Relay and Double Dutch: 10 and under, 11-12, 13-14, 15-17, 18+ and 30+
Events are all mixed division; Female only divisions in freestyle events for 15-17& 18+.
Triples: 15-17 and 18+ only. Must begin attempt within 10 seconds or receive 10-point deduction from final score. At Regional Level only, if a competitor does not complete at least 30 triple unders on their first attempt, then a second attempt is given.
AAU: Singles: Females: 8 & Under, 9, 10, 11, 12, 13, 14, 15-16, 17-18, 19-22
Males: 8 and under, 9-10, 11-12, 13-14, 15-16, 17-18, 19-22
Pairs: 8 and under, 9-10, 11-12, 13-14, 15-17, 18-22
Power: Double Unders all age groups for Individual and Pairs Triple Crown; and 1-minute timed Triple Unders for 15-older age group as a separate event
Double Dutch: 12 and under, 13-14, 15-17, 18-22

In both USA and AAU, Age will be determined in 2020 as of June 15, 2020

ELIGIBILITY: USA: Participants must be members as of November 1, 2019
Late membership renewal fees apply to competitor memberships and must be paid by 28 days prior to competition.
AAU: Participants must be members as of date of first competition. Application on competition day is insufficient for adults as background check must first be completed. Youths must obtain number online if late to be allowed to compete. AAU number must be declared regardless of age in singles (top 8 in all pairs and DD).
Registration must be paid by 4 weeks prior to tournament or a $10 late fee added.

QUALIFYING: USA: Regions are specific. Must compete in own region. See 2019 USAJR Rulebook
AAU: Tournaments open to all AAU members regardless of AAU District
USA: For Freestyle Events - Top 5 qualify from Regionals to compete at Nationals. If more than 15 competitors in one event then top 6 qualify. Add one qualifier for each additional group of 5 competitors per event. Continue up to 8 qualifiers. Alternates number the same as qualifiers. For Speed Events – athletes must meet or exceed the minimum qualifying score to compete at Nationals.
QUALIFYING FOR GRAND NATIONALS: Speed: Top 12 (top 6 in 3 minute and triples)
Freestyle: Gold medalists + next 10 regardless of age in singles (top 8 in all pairs and DD).
(see formula in USAJR rulebook)
Top 2 Team Shows in each size-division go from Regionals to Nationals.

AAU: For 2020, athletes participating in any licensed AAU Jump Rope tournament become eligible to compete at the 2020 AAU Junior Olympic Games; or by Athlete Nomination to AAU Jump Rope Committee
Non-US: Top 10 per event (1 per age-group in Group Routine) may be nominated by their country’s National Governing Body (NGB) for J.O. Games.
SPECTATOR FEES:
USA: Not charged to members at regional tournaments. Spectator tickets or package required for admission at Nationals.
AAU: These are optional but not encouraged, may not be charged to members and may not exceed $5 at qualifying tournament. Spectator Fees charged for admission at J.O. Games.

UNIFORMS:
USA: All team participants must have the same basic color, regardless of gender. Underwear may not be visible in standing position. Violation is cause for delay of tournament.
AAU: All team participants must have the same basic color, regardless of gender. If spandex undergarments are worn they must match.
In AAU it is spelled out that if accessories are worn, they must be securely attached throughout.
USA and AAU: Coordination of uniforms permitted in Team Show or Group Routine.
USA and AAU: Eyeglasses must be secured by a sports strap or wedge. Hair and other accessories must be secured. If they fall off it is not grounds for a re-jump, except for another athlete if the item hinders their performance. A space violation will be assessed to the athlete whose item caused the hindrance to another athlete. Items falling off in AAU and causing an unsafe situation will cause the routine to be stopped and judged to that time.

JUDGES:
AAU: Judges must wear athletic shoes, blue pants, shorts or skirt (not denim). AAU or USA shirt, with no Jump rope team logo.
USA and AAU: Judges must be provided by each team at a ratio of at least 1 judge for every 4 jumpers, including providing higher level judges with teams that have more than 5 jumpers. See chart in USAJR Rulebook and AAU Jump Rope Handbook.

DELAY OF TOURNAMENT:
10-point penalty for speed and power is assessed, and a 0.4 penalty is assessed for freestyle when athletes present late, or with wrong uniform or equipment, with jewelry or gum. A one-minute allowance in singles events, and a 2-minute allowance in multi-person events to remedy, then DQ if late. No penalty if jewelry is removed before final competitor is announced.

RE-JUMPS:
USA: Rest time 5 min. (except for 3-minute speed) in single events. Rest time 10 min. for group events
AAU: Rest time 5 minutes.
Limit of 1 re-jump for broken ropes in speed and freestyle events. Additional rope allowed at station for re-jumps.

POSITION OF ROPE AND JUMPER:
USA: No specifics.
AAU: In Speed and Power events, rope must begin behind athlete’s feet.

FREESTYLE:
USA and AAU: 60-75 seconds long. 45 second call will be announced.
MUSIC: USA: Music not allowed for freestyle, except in Grand National Championships.
AAU: Music required for freestyle events. Music must be provided on MP3 player. No profanity allowed in any music provided.
AAU: For how to judge the Application of Music in Freestyle Events, please see 2020 AAU Jump Rope Handbook under Event Scoring Procedures for Head Freestyle and Presentation Judges.

TIMING MP3:
USA and AAU: 1-minute call in freestyle. 45 second
If the timing MP3 fails during freestyle events jumper(s) can choose to keep their score with a 0.2 deduction or re-jump for a new score.

ACCURACY:
USA and AAU: 0.1 deduction for every 3 misses

SPACE VIOLATIONS:
AAU: Use Floor Manager to indicate space violations on back-line in freestyle

OTHER CHANGES:
Please consult the 2020 USAJR Rulebook and 2020 AAU Jump Rope Rulebook for additional information on specific rule changes.

For specific details of rules, please consult the official 2020 USA Jump Rope Rulebook (obtainable from USA JUMP ROPE office www.usajumprope.org or the 2020 AAU Jump Rope Rulebook, available to be downloaded from www.aausports.org

The 2020 AAU Junior Olympic Games will be in Virginia Beach, VA at the Virginia Beach Convention Center.
The Jump Rope dates are July 29-Aug. 4, 2020.