

NAME	DIV	SQUAT	BENCH	SUB	DEADLIFT	TOTAL
-- 123 --						
CRAIN, RICKE	MOD					-300
CRAIN, RICKE	MOD				245 265	283 283.0
-- 148 --						
BUSSEY, MATT	MO	255 270	-300 195 215 -225	485.0	295 320 350	835.0
STACK, TOM	MO	370 400	420 -260 260 -275	680.0	390 420 440	1120.0
KINCADE, CAR	WJ	175 -205	-205 110 120 -130	295.0	205 230 250	545.0
-- 165 --						
HATHCOCK, TY	MJ	415 450	470 265 -280 -280	735.0	415 440 465	1200.0
SMITH, MARVI	MOB		185 -205 -205	185.0		185.0
COFFEY, RAND	MOB		325 340 -355	340.0		340.0
CROSSLAND, C	WG		250 -280	250.0		250.0
-- 181 --						
STROBLE, CAL	MJ	360 390	395 240 -250 250	645.0	400 420 440	1085.0
STACY, CODY	MJ	425 455	-480 235 -250 -255	690.0	500 525 -550	1215.0
GRAY, CHARLE	MM	445 475	500 285 305 310	810.0	435 460 -490	1270.0
ADKINS, DUST	MO	205 225	250 185 -200 -200	435.0	225 250 305	740.0
CROUCH, JOHN	MO	285 310	335 165 -175 -175	500.0	325 375 400	900.0
TALTON, J J	MOB		405 430 440			
PINSON, CLAY	MOB		185 225 -240	225.0		225.0
TALTON, J J	MOB		450	450.0		450.0
-- 198 --						
CROUCH, MIKE	MJ	435 465	500 235 265 285	785.0	450 490 530	1315.0
CROUCH, BOB	MM	330 345	360 -165 165 -175	525.0	-375 -395 395	920.0
WARNER, ROGE	MM	-325 -325	325 230 250 275	600.0	340 375 400	1000.0
DOTSON, JON	MM	325 335	350 300 -320 320	670.0	350 375 400	1070.0
BROWNFIELD,	MOB		475 500	500.0		500.0
WAGMAN, DAN	MOO	515 540	560 400 430 -440	990.0	550 630	1620.0
-- 220 --						
SMITH, ZAZ	MJ	450 470	-495 275 290 -300	760.0	460 490 515	1275.0
COOPER, WES	MM					
SMITH, MIKE	MOB		370 -390 390	390.0		390.0
TRUMBLY, TOM	MS	225 245	260 175 -185 -195	435.0	255 275 300	735.0
-- 242 --						
TANNER, BRAD	MJ	410 -430	-430 230 250 270	680.0	330 360 -400	1040.0
CARLSON, RIC	MM					
STONE, JERRY	MM	500 550	600 365 -375 -375	965.0	500 550 -600	1515.0
HENSHAW, RAN	MM	575 625	650 375 -400 -400	1025.0	345 425 500	1525.0
CARLSON, RIC	MM	-500 540	560 405 425 440	1000.0	570 600 -615	1600.0
JOHNSON, LUC	MO	385 400	-415 325 335 -350	735.0	425 -450 450	1185.0
CASS, BRANDO	MOD					-800
CASS, BRANDO	MOD				700 770	-800 770.0
-- 275 --						
FREEMAN, IAN	MJ	-225 225	245 150 170 180	425.0	315 350 375	800.0
RAINWATER, R	MM	-235 -235	235 155 170 -180	405.0	304 330 -380	735.0
REDCORN, FRA	MM	-385 385	-395 -295 295 300	685.0	-425 425 435	1120.0
GRAY, LOUIS	MO	315 345	370 225 -245 -245	595.0	345 405	1000.0
STIVERSON, A	MO	625 675	-705 430 475 -505	1150.0	575 625 650	1800.0
-- 308 --						
FREEMAN, HAR	MJ	365 385	405 -300 300 -325	705.0	300 315 330	1035.0
BATEN, C J	MOB		465 485 500	500.0		500.0
ERICKSON, JO	MOB		565 585 -600	585.0		585.0
-- SHW --						
FREEMAN, JAS	MO	475 500	545 400 425 -445	970.0	475 500 525	1495.0
WILLIAMS, MI	MO	500 575	625 400 -420 -420	1025.0	450 500 525	1550.0
HUMMINGBIRD,	MOB		-455 455 -480	455.0		455.0

\* STATE RECORD  
# NATIONAL/WORLD RECORD  
OUTSTANDING MEN SQUAT-RANDY HENSHAW  
OUTSTANDING MEN BENCH PRESS-DAN WAGMAN  
OUTSTANDING MEN DEADLIFT-DAN WAGMAN  
OUTSTANDING LIFTER-DAN WAGMAN  
TEAM-1ST CRAIN'S MUSCLE WORLD, LIMITED  
2ND O.N.F.C.