

2003 NYS AAU State Championships
January 18, 2003
Lancaster's Partyhouse, Clyde, New York

Bench RAW

123	OPEN Vasilka Smith	105*
148	16-17 James Zorbel	170
148	35-39 Jamie Sykes	200
148	45-49 Stephen Smith	270*
165	14-15 Sarah Peters	135* **
181	16-17 Stephan Glover	240
181	16-17 Kyle Smith	265
198	55-59 John Hopkins	260*
198	40-44 Leo Cichelli	440* **
220	16-17 John Lattimer	330*
220	OPEN Moyer Simmons	400
220	50-54 Mark Schroeder	175
242	OPEN Paul Miller	380
275	60-64 Olin Henneman	350*

Bench Equip.

148	OPEN Michele Vetula	165*
165	35-39 Brian Bohannon	300
181	50-54 John Hopf	290
	45-49 Mike Arcarisi	280
198	OPEN John Valenza	360
220	Lifetime Dave Herbst	370*
220	55-59 Scott Shales	385
242	35-39 Mark Harrison	370
242	40-44 Wayne Carroll	410*
242	OPEN James Mitchell	385
242	45-49 Jack Glover	425
275	35-39 Marsh Hancock	425*
319	OPEN Adam Buckholtz	390
319	40-44 Maurice Harling	470*
319	OPEN Joe Behari	475*
SHW	45-49 Tom Link	405
Guest Bench: Dave Kingwater		570

Deadlift RAW

165	14-15 Sarah Peters	235* **
148	35-39 Jamie Sykes	340*
165	35-39 Brian Bohannon	460*
220	OPEN Scott Carlson	495
198	55-59 John Hopkins	510*
275	35-39 Tom Kristoff	605*
275	20-23 Brian Lanoue	640**

Deadlift Equip.

242	35-39 Mark Harrison	550*
Guest Deadlifter	Tony Ryrko	565

*State record set

**American record set

AAU NYS CHAMPIONSHIPS A TRIBUTE TO DAN MILLER

It was a great day of lifting at Lancaster's Party House in Clyde, New York, the official host of the AAU New York State Bench / Deadlift Championship. There were many state records set on this day as you can see from the list above. I congratulate each one of them, but this day was dedicated to the memory of Dan Miller. Dan was a 26 year old 220# deadlifter with a rock solid body. He passed away earlier this year of a brain aneurysm. He was a terrific person, friend and lifter. He will be sadly missed by all those who knew him. He held the 220# RAW deadlift record with 605#. At the meet we loaded the bar at 605# and held a moment of silence. After that a plaque of his 605# deadlift was dedicated to the gym where he lifted, Maximum Fitness. A lifter of the meet trophy was presented to Mark Harrison who had his personal best deadlift at 550#. I knew Dan a few years and we had talked a number of times. I remember how shocked he was when I gave him the videotape of his 605# deadlift. He could not believe how quickly I had got it for him. He was thankful and smiling. Dan, somehow things will not be the same but we know you will be looking down at every New York state AAU meet and smiling. I feel that your record will stand for a long time. Also one week prior to the States, I learned that my brother had passed away so it was a tough emotional day for me. I will address my brothers passing in the next meet summary. My lifting will be dedicated to my brother, my friend Fred Rogers. I would as always like to thank my crew Terry Stafford, Jason Stafford, Rich Molisani, RL Murray, Mark Howell, Jim Lee for their dedication in helping get the meet off every time. I love you guys, you are the best!! Thanks to my wife Michelle who I would not do these meets without her. Special thanks to Lancaster's Party House for a great facility and food venue for the lifters and their families. Well until next time, train hard and drug free.

"Big Dawg" Steve Rogers
AAU NYS Chairman