



Virginia Powerlifting Association

Final Report of Events

Female Lifters

2003 Triple Crown Classic-Assisted

* Weights listed in kilograms

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
132	Barbara Beasley	VA	48	128	Masters (45-49)	107.50		65.00		142.50		315.00
132	Barbara Beasley	VA	48	128	Open	107.50		65.00		142.50		315.00
148	Lynne Nelson	VA	44	148	Masters (40-44)	145.00		82.50		182.50		410.00
148	Lynne Nelson	VA	44	148	Open	145.00		82.50		182.50		410.00
165	Elaina Bolster	FL	60	162	Lifetime / Masters (60-64)	70.00		40.00		90.00		200.00
165	Elaina Bolster	FL	60	162	Masters (60-64)	70.00		40.00		90.00		200.00
165	Sirena Lundsford	NC	21	164	Open	120.00		72.50		125.00		317.50
165	Sabrina Bailes	WV	35	164	Sub Masters (35-39)	117.50		65.00		117.50		300.00
198	Sue Pack	WV	62	184	Masters (60-64)	102.50		95.00		115.00		312.50
198+	Susan Zabawa	VA	45	226	Masters (45-49)	130.00		75.00		137.50		342.50
198+	Jennifer Jacks	NC	33	216	Open	65.00		55.00		137.50		257.50



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2003 Triple Crown Classic-Raw

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Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
097	Evelyn Newton	VA	53	97	Lifetime / Masters (50-54)	42.50		32.50		72.50		147.50
097	Evelyn Newton	VA	53	97	Masters (50-54)	42.50		32.50		72.50		147.50
123	Sharon Hoffman	VA	32	120	Open	95.00		42.50		137.50		275.00
123	Sherrri Fosdick	VA	37	122	Open	87.50		55.00		120.00		262.50
123	Sherrri Fosdick	VA	37	122	Sub Masters (35-39)	87.50		55.00		120.00		262.50
148	Indya Tate	NC	18	142	Teenage (18-19)	67.50		40.00		95.00		202.50
198+	Trevorah Ellen	FL	68	199	Masters (65-69)	25.00		25.00		30.00		80.00
198+	Tierra Hubbard	VA	16	0	Teenage (16-17)	0.00		0.00		0.00		0.00