

Big Dawg BenchPress/Deadlift Record Breakers  
 Clyde, New York  
 April 17, 2004

<u>Bench only</u>	<u>Final Bench</u>
T.C Carroll      165   12-13	<u>135 *</u>
Mindy Gerkin    SHW 35-39 R	<u>135 *</u>
Corey Hewitt    198   OPEN	<u>380</u>
James Mitchell   220   40-44 E	<u>420</u>
Ron Barber      220   OPEN R	<u>400</u>
Mike Zane       242   OPEN R	<u>370</u>
Dick Haensch    242   55-59 R	<u>245 *</u>
Wayne Carroll   242   45-49	<u>400 *</u>
RL Murray       275R 40-44	<u>440 *</u>
Chris Gandino   275R 35-39	<u>385</u>
Steve Rogers    319   OPEN	<u>500 *</u>

<u>Deadlift only</u>	<u>Final lift</u>
Jeff Cuyler      220 OPEN	<u>615 *</u>
James Carioti    181 45-49 R	<u>440 *</u>
Kevin Conklin    275   OPEN R	<u>605</u>

\*State record set

<b>Ironman Results</b>		<b>Bench</b>	<b>DL</b>	<b>Total</b>
Erik Houseknecht	165R 12-13	115 *	155	270
Matt Ehler	165R 16-17	200 *	335 *	535
Josh Featherly	165R 18-19	240	380 *	620
Jamie Sykes	165R 35-39	225 *	350	575
Nick Peters	198 18-19	315 *	455 *	770
Danielle Valesquez	SHW OPEN	125 *	250 *	375
Billy Hanvey	220R 14-15	265 *	400 *	665
Matt Peters	220 40-44	300	370	670
Jeremey Brown	220 14-15	255 *	395 *	650
Mark Harrison	242 35-39	370	540	910
David Eddy	242 OPEN	460	540	1000
Chris Houseknecht	275R OPEN	250	400	650
Steve Rogers	319 40-44 L	500 *	350	850

\*State record set