



AAU Powerlifting Association

Final Report of Events

Female Lifters

Triple Crown-Assisted

* Weights listed in kilograms

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
165	Kimberly Walford	NJ	26	150	Open	167.50		112.50		232.50		512.50



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Female Lifters

Triple Crown-Raw

* Weights listed in kilograms

Wt Cl	Name	State	Age	Weight	Category	Squat	4th	Bench	4th	Deadlift	4th	Total Weight
105	Evelyn Newton	VA	55	99	Lifetime / Masters (55-59)	42.50		35.00		87.50		165.00
105	Evelyn Newton	VA	55	99	Masters (55-59)	42.50		35.00		87.50		165.00
114	Heidi Yerby	VA	24	114	Open	87.50		52.50		117.50		257.50
148	Annette Posey	VA	41	138	Lifetime / Open	77.50		47.50		100.00		225.00
148	Ruth Souders	MD	42	142	Masters (40-44)	102.50		57.50		125.00		285.00
165	Danene Washington	VA	48	165	Masters (45-49)	92.50		70.00		137.50		300.00
198	Megan Culver	MD	12	188	Youth (12-13)	62.50		37.50		85.00		185.00
198+	Yvonne Pierrello	VA	35	208	Sub Masters (35-39)	90.00		65.00		137.50	145.00	292.50