



Meet Name: 2010 AAU Cornhusker State Games & Star City Classic

Location: Lincoln Christian High School Lincol

Meet Date: 26-Jun-10

Director: Howard Huffman

Wt Class	Name	Age	City, State	Division	Squat		Bench		DeadLift		Total	
					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
Female Raw Powerlifting												
114	Miranda Worden	13	Burwell, NE	Teen	52.50	115.50	37.50	82.50	72.50	159.75	162.50	358.00
148	Rachel Wells	16	Cairo, NE	Teen	87.50	192.75	40.00	88.00	115.00	253.50	242.50	534.50
	Mariah Henninger	16	Gibbon, NE	Teen	70.00	154.25	50.00	110.00	107.50	236.75	227.50	501.50
	Anne Flesher	17	Lincoln, NE	Teen	65.00	143.25	47.50	104.50	107.50	236.75	220.00	485.00
	Tiffany Sheldon	15	Bridgeport, NE	Teen	72.50	159.75	40.00	88.00	97.50	214.75	210.00	462.75
165	Celeste Heinz	18	Cairo, NE	Teen	107.50	236.75	70.00	154.25	132.50	292.00	310.00	683.25
181	Mallory Roblee	18	Bridgeport, NE	Teen	105.00	231.25	52.50	115.50	115.00	253.50	272.50	600.75
	Miki Cestnik	24	Sidney, NE	Open	150.00	330.50	77.50	170.75	172.50	380.25	400.00	881.75
	Marsha Busse	44	Lincoln, NE	Master	40.00	88.00	42.50	93.50	95.00	209.25	177.50	391.25
Female Equipped Powerlifting												
114	Amanda Damratowsk	19	Dannebrag, NE	Teen	67.50	148.75	35.00	77.00	100.00	220.25	202.50	446.25



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					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
Male	Raw	Powerlifting										
114	Terry Stangle (SO)	25	Hastings, NE	Open	55.00	121.25	50.00	110.00	87.50	192.75	192.50	424.25
123	Tyler Mares	15	Burwell, NE	Teen	100.00	220.25	65.00	143.25	90.00	198.25	255.00	562.00
132	Eric Ingebretsen	16	Grand Island, NE	Teen	127.50	281.00	77.50	170.75	160.00	352.50	365.00	804.50
	Cody McGhghy	19	Bridgeport, NE	Teen	117.50	259.00	82.50	181.75	160.00	352.50	360.00	793.50
	Nathan Geranis	17	Broken Bow, NE	Teen	100.00	220.25	55.00	121.25	165.00	363.75	320.00	705.25
	Zach Hajek	16	O'Dell, NE	Teen	97.50	214.75	85.00	187.25	130.00	286.50	312.50	688.75
	Alex Hart	13	Lynch, NE	Teen	60.00	132.25	37.50	82.50	80.00	176.25	177.50	391.25
148	Sam Eskridge	15	Lincoln, NE	Teen	52.50	115.50	0.00	0.00	97.50	214.75	0.00	0.00
	Monte Lofing	52	Beatrice, NE	Master	152.50	336.00	95.00	209.25	170.00	374.75	417.50	920.25
	Gary Walker	53	Kearney, NE	Master	110.00	242.50	95.00	209.25	150.00	330.50	355.00	782.50
165	Quinn Rochford	16	Omaha, NE	Teen	147.50	325.00	85.00	187.25	165.00	363.75	397.50	876.25
	Andrew Busing	26	Omaha, NE	Open	155.00	341.50	130.00	286.50	212.50	468.25	497.50	1096.75
	Sergio Robles	21	Omaha, NE	Open	142.50	314.00	105.00	231.25	162.50	358.00	410.00	903.75
181	Caleb Wiggins	18	Bridgeport, NE	Teen	190.00	418.75	97.50	214.75	227.50	501.50	515.00	1135.25
	Benjamin Stuart	18	Bridgeport, Ne	Teen	162.50	358.00	90.00	198.25	195.00	429.75	447.50	986.50
	Steven Schulz	17	Lincoln, NE	Teen	147.50	325.00	95.00	209.25	167.50	369.25	410.00	903.75
	Bryan McGhghy	15	Lincoln, NE	Teen	85.00	187.25	52.50	115.50	127.50	281.00	265.00	584.00
	Michael Heinz	20	Cairo, NE	Open	187.50	413.25	110.00	242.50	222.50	490.50	520.00	1146.25
198	Andrew Huffman	16	Lincoln, NE	Teen	182.50	402.25	112.50	248.00	182.50	402.25	472.50	1041.50
	Steven Molczyk	17	Papillion, NE	Teen	150.00	330.50	102.50	225.75	205.00	451.75	457.50	1008.50
	Scott Whitlock	25	Lincoln, NE	Open	112.50	248.00	77.50	170.75	175.00	385.75	365.00	804.50
	Kevin Daily (SO)	41	Hastings, NE	Open	87.50	192.75	60.00	132.25	117.50	259.00	265.00	584.00
	Joe Sutko	23	Lincoln, NE	Open	0.00	0.00	112.50	248.00	202.50	446.25	0.00	0.00
	Jim Vecchio	44	Omaha, NE	Master	185.00	407.75	175.00	385.75	227.50	501.50	587.50	1295.00
220	Sean O'Neill	19	Omaha, NE	Teen	182.50	402.25	97.50	214.75	200.00	440.75	480.00	1058.00
	Jesse Siemen	25	Lincoln, NE	Open	145.00	319.50	107.50	236.75	220.00	485.00	472.50	1041.50
	David Bramble (SO)	30	Hastings, NE	Open	82.50	181.75	60.00	132.25	95.00	209.25	237.50	523.50
242	Ian Driscall	18	Broken Bow, NE	Teen	205.00	451.75	130.00	286.50	227.50	501.50	562.50	1240.00
	Ian Driscall	18	Broken Bow, NE	Open	205.00	451.75	130.00	286.50	227.50	501.50	562.50	1240.00
	Ron Marr	21	Pawnee City, NE	Open	167.50	369.25	125.00	275.50	212.50	468.25	505.00	1113.25
	Jason Bostock (SO)	37	Hastings, NE	Open	105.00	231.25	67.50	148.75	145.00	319.50	317.50	699.75
	Jon Carey	47	Weeping Water,	Master	155.00	341.50	112.50	248.00	200.00	440.75	467.50	1030.50
275	Johnnythn Ellingson	19	Lincoln, NE	Teen	207.50	457.25	122.50	270.00	197.50	435.25	527.50	1162.75
	Nick Serr	16	Dannebrog, NE	Teen	127.50	281.00	80.00	176.25	137.50	303.00	345.00	760.50
	Kevin Molczyk	45	Papillion, NE	Master	205.00	451.75	145.00	319.50	250.00	551.00	600.00	1322.75
308	Ronnie Cornelius	15	Pickrell, NE	Teen	182.50	402.25	100.00	220.25	205.00	451.75	487.50	1074.50
	Robert Carper (SO)	38	Hastings, NE	Open	92.50	203.75	85.00	187.25	137.50	303.00	315.00	694.25



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					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
Male Equipped Powerlifting												
148	Marco Baro	16	Columbus, NE	Teen	102.50	225.75	62.50	137.75	145.00	319.50	310.00	683.25
165	Miguel Bernal-Sanche	18	Columbus, NE	Teen	165.00	363.75	100.00	220.25	207.50	457.25	472.50	1041.50
	Dustin Roy	20	Valley, NE	Open	192.50	424.25	122.50	270.00	192.50	424.25	507.50	1118.75
181	Wolfgang Gottsch	18	Elkhorn, NE	Teen	192.50	424.25	115.00	253.50	215.00	473.75	522.50	1151.75
	Jake Mohr	17	Columbus, NE	Teen	190.00	418.75	110.00	242.50	200.00	440.75	500.00	1102.25
	Wolfgang Gottsch	18	Elkhorn, NE	Open	192.50	424.25	115.00	253.50	215.00	473.75	522.50	1151.75
220	Zach Tierney	17	Columbus, NE	Teen	227.50	501.50	137.50	303.00	212.50	468.25	577.50	1273.00
	Danny Hassler	19	Dodge, NE	Teen	155.00	341.50	105.00	231.25	212.50	468.25	472.50	1041.50
	Cody Hawk	18	Dodge, NE	Teen	165.00	363.75	112.50	248.00	185.00	407.75	462.50	1019.50
242	Kenneth Ruben	28	Lincoln, NE	Open	337.50	744.00	265.00	584.00	320.00	705.25	922.50	2033.50
	Michael Hearing	53	Pawhuska, OK	Open	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	Gregg Rhoades	47	Plattsmouth, NE	Master	220.00	485.00	182.50	402.25	20.00	44.00	422.50	931.25
275	Cole Ziemba	17	Columbus, NE	Teen	200.00	440.75	142.50	314.00	220.00	485.00	562.50	1240.00
	Mark Schellen	48	Waterloo, NE	Open	260.00	573.00	150.00	330.50	280.00	617.25	690.00	1521.00
	Justin Ransbottom	35	Bartlesville, OK	Open	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
308	Larry Tierney	60	Columbus, NE	Master	0.00	0.00	0.00	0.00	272.50	600.75	0.00	0.00
Female Raw Bench Only												
114	Miranda Worden	13	Burwell, NE	Teen	--	-	37.50	82.50	--	-	37.50	82.50
123	Sherri Tompkins	28	Lincoln, NE	Master	--	-	47.50	104.50	--	-	47.50	104.50
148	Mariah Henninger	16	Gibbon, NE	Teen	--	-	50.00	110.00	--	-	50.00	110.00
165	Celeste Heinz	18	Cairo, NE	Teen	--	-	70.00	154.25	--	-	70.00	154.25
	Jill Holle	30	Otoe, NE	Open	--	-	62.50	137.75	--	-	62.50	137.75
181	Marsha Busse	44	Lincoln, NE	Master	--	-	42.50	93.50	--	-	42.50	93.50
Female Equipped Bench Only												
114	Amanda Damratowsk	19	Dannebrag, NE	Teen	--	-	35.00	77.00	--	-	35.00	77.00



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					Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs	Kilo's	Lbs
Male Raw Bench Only												
123	Tyler Mares	15	Burwell, NE	Teen	--	-	65.00	143.25	--	-	65.00	143.25
132	Cody McGhghy	19	Bridgeport, NE	Teen	--	-	82.50	181.75	--	-	82.50	181.75
	Jacob Jordon	15	Plattsmouth, NE	Teen	--	-	77.50	170.75	--	-	77.50	170.75
165	Christopher Weber	35	Lincoln, NE	Open	--	-	120.00	264.50	--	-	120.00	264.50
	Jeremy Shaw	32	McCook, NE	Open	--	-	110.00	242.50	--	-	110.00	242.50
	Sergio Robles	21	Omaha, NE	Open	--	-	105.00	231.25	--	-	105.00	231.25
	Scott Marshall	56	Lincoln, NE	Open	--	-	100.00	220.25	--	-	100.00	220.25
	Jon Larchick	41	Omaha, NE	Master	--	-	125.00	275.50	--	-	125.00	275.50
	Scott Marshall	56	Lincoln, NE	Master	--	-	100.00	220.25	--	-	100.00	220.25
181	Benjamin Stuart	18	Bridgeport, Ne	Teen	--	-	90.00	198.25	--	-	90.00	198.25
	Bryan McGhghy	15	Lincoln, NE	Teen	--	-	52.50	115.50	--	-	52.50	115.50
	James Busing	24	Lincoln, NE	Open	--	-	150.00	330.50	--	-	150.00	330.50
	Zach Nissen	22	Plattsmouth, NE	Open	--	-	122.50	270.00	--	-	122.50	270.00
	Michael Heinz	20	Cairo, NE	Open	--	-	110.00	242.50	--	-	110.00	242.50
	Terry Mason	44	Callaway, NE	Master	--	-	112.50	248.00	--	-	112.50	248.00
198	Andrew Huffman	16	Lincoln, NE	Teen	--	-	112.50	248.00	--	-	112.50	248.00
	Mario Cole	30	Blair, NE	Open	--	-	187.50	413.25	--	-	187.50	413.25
	Jim Vecchio	44	Omaha, NE	Master	--	-	175.00	385.75	--	-	175.00	385.75
220	Greg Teichmeier	49	Lincoln, NE	Master	--	-	165.00	363.75	--	-	165.00	363.75
242	Lance Grush	40	Omaha, NE	Open	--	-	192.50	424.25	--	-	192.50	424.25
	Lance Grush	40	Omaha, NE	Master	--	-	192.50	424.25	--	-	192.50	424.25
275	Douglas McKeown	41	Lincoln, NE	Master	--	-	172.50	380.25	--	-	172.50	380.25
	Kevin Molczyk	45	Papillion, NE	Master	--	-	145.00	319.50	--	-	145.00	319.50
308	Ronnie Cornelius	15	Pickrell, NE	Teen	--	-	100.00	220.25	--	-	100.00	220.25
SH	Todd Jensen	41	Omaha, NE	Open	--	-	182.50	402.25	--	-	182.50	402.25
	Todd Jensen	41	Omaha, NE	Master	--	-	182.50	402.25	--	-	182.50	402.25
Male Equipped Bench Only												
165	Dustin Roy	20	Valley, NE	Open	--	-	122.50	270.00	--	-	122.50	270.00
181	Matthew Tucci	21	Omaha, NE	Open	--	-	145.00	319.50	--	-	145.00	319.50
220	David Geistlinger	31	Lincoln, NE	Open	--	-	242.50	534.50	--	-	242.50	534.50
Female Raw Push Pull												
114	Miranda Worden	13	Burwell, NE	Teen	--	-	37.50	82.50	72.50	159.75	110.00	242.50
148	Mariah Henninger	16	Gibbon, NE	Teen	--	-	50.00	110.00	107.50	236.75	157.50	347.00
165	Celeste Heinz	18	Cairo, NE	Teen	--	-	70.00	154.25	132.50	292.00	202.50	446.25
181	Marsha Busse	44	Lincoln, NE	Master	--	-	42.50	93.50	95.00	209.25	137.50	303.00
Female Equipped Push Pull												
114	Amanda Damratowsk	19	Dannebrag, NE	Teen	--	-	35.00	77.00	100.00	220.25	135.00	297.50



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Male Raw Push Pull												
132	Cody McGhghy	19	Bridgeport, NE	Teen	--	-	82.50	181.75	160.00	352.50	242.50	534.50
	Jacob Jordon	15	Plattsmouth, NE	Teen	--	-	77.50	170.75	115.00	253.50	192.50	424.25
	Alex Hart	13	Lynch, NE	Teen	--	-	37.50	82.50	80.00	176.25	117.50	259.00
148	Monte Lofing	52	Beatrice, NE	Master	--	-	95.00	209.25	170.00	374.75	265.00	584.00
	Gary Walker	53	Kearney, NE	Master	--	-	95.00	209.25	150.00	330.50	245.00	540.00
165	Andrew Busing	26	Omaha, NE	Open	--	-	130.00	286.50	212.50	468.25	342.50	755.00
	Jeremy Shaw	32	McCook, NE	Open	--	-	110.00	242.50	157.50	347.00	267.50	589.50
	Sergio Robles	21	Omaha, NE	Open	--	-	105.00	231.25	162.50	358.00	267.50	589.50
181	Caleb Wiggins	18	Bridgeport, NE	Teen	--	-	97.50	214.75	227.50	501.50	325.00	716.25
	Benjamin Stuart	18	Bridgeport, Ne	Teen	--	-	90.00	198.25	195.00	429.75	285.00	628.25
	Bryan McGhghy	15	Lincoln, NE	Teen	--	-	52.50	115.50	127.50	281.00	180.00	396.75
	Michael Heinz	20	Cairo, NE	Open	--	-	110.00	242.50	222.50	490.50	332.50	733.00
198	Steven Molczyk	17	Papillion, NE	Teen	--	-	102.50	225.75	205.00	451.75	307.50	677.75
	Jim Vecchio	44	Omaha, NE	Master	--	-	175.00	385.75	227.50	501.50	402.50	887.25
242	Jon Carey	47	Weeping Water,	Master	--	-	112.50	248.00	200.00	440.75	312.50	688.75
275	Douglas McKeown	41	Lincoln, NE	Master	--	-	172.50	380.25	227.50	501.50	400.00	881.75
	Kevin Molczyk	45	Papillion, NE	Master	--	-	145.00	319.50	250.00	551.00	395.00	870.75
308	Ronnie Cornelius	15	Pickrell, NE	Teen	--	-	100.00	220.25	205.00	451.75	305.00	672.25
SH	Brian Bader (SO)	30	Hastings, NE	Open	--	-	70.00	154.25	102.50	225.75	172.50	380.25
Male Equipped Push Pull												
165	Dustin Roy	20	Valley, NE	Open	--	-	122.50	270.00	192.50	424.25	315.00	694.25