

**AAU Don Reinhoudt Big Dawg Bench Press-Deadlift Classic
May 8, 2010
Clyde, New York**

<u>IRONMAN</u>	<u>BENCH</u>	<u>D/L</u>	<u>TOTAL</u>
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WOMAN

Mary Garnett 105 Open Raw	85	205* **	290
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Dawn Koval 148 Open Raw	100	235	335
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MEN

Nicholas Bronson 148 16-17 Raw	225	420* **	645*
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Ryan Petralia 148 18-19 Raw	215	390	605
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Derek Hanna 198 Open Raw	325	530	855
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Bruce Bronson 198 55-59 Raw	270*	-----	----
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Sam Zona 220 18-19 Equip	320	450	770
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Brad Cummings 220 35-39 Raw	290	460	750
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Thomas Nybeck 242 18-19 Raw	315	530	845
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Mark Harrison 275 45-49 L E	455	565	1020
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DEADLIFT ONLY

WOMAN:

Gail Reiss 105 50-54 Raw	175*		
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Maria Diaz 123 40-44 Raw	235* **		
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MEN:

Chris Carle 181 Open Raw	455		
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Derek Hanna 198 Open Raw	530		
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Bob Marsh 220 60-64 Raw	500*		
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BENCH ONLY

WOMAN:

Heidi Knickerbocker 165 50-54 Raw 100

MEN:

James Lukaszonas 148 12-13 Raw 155*

Derek Hanna 198 Open Raw 325

Daquane Young 198 20-23 Raw 290

Dave Herbst 220 50-54 Life 355

Jody Howell 242 Open Raw 310

AJ Hogan 242 20-23 Raw 425* **

Mike Arcarisi 242 50-54 Equip 305

Jack Morrow 242 55-59 Life Equip 450* **

RL Murray 275 45-49 Raw Life 420

Todd Laughlin 308 40-44 Raw 350

Matt Rhodes 308 Open Raw 420

* State Record

** American Record