



**AAU MIDDLE SCHOOL  
NATIONAL DUALS  
SIMPSON COLLEGE  
INDIANOLA, IOWA  
APRIL 9 & 10, 200**



AAU & BRUTE

PARTNERS IN WRESTLING

**WHO WILL BE THE 2005 #1 MIDDLE SCHOOL TEAM IN THE NATION?**

**IN 2004 TEAM NJ ELITE CAPTURED THE HONORS. CAN THE JERSEY BOYS SURVIVE THE CHALLENGE? WHO WILL SURVIVE THE 2005 BATTLE? START PLANNING NOW TO BRING YOUR ASSOCIATION/STATE ALL-STAR TEAM TO THIS OUTSTANDING TOURNAMENT. EACH TEAM WILL BE GUARANTEED 7 DUALS.**

- WHEN: APRIL 9 & 10, 2005 WEIGH IN FRIDAY APRIL 8, 2005 5:00 TO 8:00 PM
- WHERE: SIMPSON COLLEGE INDIANOLA, IOWA (15 MILES SOUTH OF DES MOINES)
- WHO: MEMBERS OF ANY WRESTLING ORGANIZATION CURRENTLY ENROLLED IN 6<sup>TH</sup> THROUGH 8<sup>TH</sup> GRADE. MAXIMUM AGE 15 (IF YOU TURN 16 IN 2004 YOU'RE INELIGIBLE). AAU CARD AND COPY OF BIRTH CERTIFICATE REQUIRED AT WEIGH IN. AAU CARDS CAN BE PURCHASED AT WEIGH IN FOR \$12.00. **ALL TEAM MEMBERS MUST RESIDE IN SAME STATE OR AAU ASSOCIATION.**
- FORMAT: FOLKSTYLE, 7 MATCHES MINIMUM. ALL MATCHES 1- 1 ½ - 1 ½ MINUTE PERIODS. 12 TO 16 MATS AS NEEDED. POOL WRESTLING FOLLOWED BY 32 TEAM PRELIMINARY, THEN 8 TEAM CHAMPIONSHIP BRACKETS.
- AWARDS: AAU CHAMPIONSHIP MEDALS FOR TEAM AND INDIVIDUALS  
TEAM TROPHIES FOR 1<sup>ST</sup> THROUGH 8<sup>TH</sup> PLACE PLUS CONSOLATION BRACKET CHAMPIONS.
- TEAMS: 20 WEIGHTS, 5 ALTERNATES, 3 COACHES, AND 2 WORKERS

**WGTS: 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 250**

COST: \$800.00/ TEAM- DEPOSIT OF \$100.00 DUE BY FEB. 1, 2005 - BALANCE OF \$700.00  
DUE MARCH 15, 2005 - \$100.00 LATE FEE FOR DEPOSITS RECEIVED AFTER FEB. 1  
OR BALANCE PAYMENTS MADE AFTER MARCH 15, 2005

OFFICIALS: HS CERTIFIED OFFICIALS ONLY

**DAILY ADMISSION \$15.00, 2 DAY PASS \$20.00 ADULTS/ \$10.00 KIDS 16 & UNDER**

**MORE INFORMATION:** CONTACT LEE PAMULAK AT 515 961 6116 OR  
E-MAIL AT: [Lpamulak@aol.com](mailto:Lpamulak@aol.com)

**HOTEL INFORMATION: ROOMS ARE BLOCKED UNDER "AAU MIDDLE SCHOOL DUALS" AT THE FOLLOWING WRESTLING FRIENDLY HOST HOTEL:**

**HOLIDAY INN/AIRPORT  
6111 FLEUR DR, DES MOINES, IOWA  
515 287 2400  
800 248 4013**

**A FULL SERVICE HOTEL WITH EASY ACCESS TO MAIN ROUTE TO INDIANOLA AND SIMPSON COLLEGE  
\*\*\*\*\*MAKE YOUR RESERVATIONS PRIOR TO 3/8/05\*\*\*\*\***



**2005 AAU MIDDLE SCHOOL DUALS**  
**APRIL 9 & 10, 2005**  
**SIMPSON COLLEGE                      INDIANOLA, IOWA**

**GENERAL INFORMATION**

**WEIGH IN: FRIDAY APRIL 8, 2005 5 – 8 PM    SIMPSON COLLEGE, INDIANOLA, IA**

**ALL COMPETITORS HAVE UNTIL CLOSE OF WEIGH IN TO MAKE WEIGHT. MUST MAKE SCRATCH WEIGHT. (NO SCALE ALLOWANCE)**

**COMPETITION: ALL TEAMS WILL BE SEEDED IN 4 TEAM POOLS BASED ON PASSED FINISH BY ASSOCIATION. FIRST TIME TEAMS FROM NEW ASSOCIATIONS WILL BE RANDOMLY SEEDED. (SIZE OF POOLS WILL BE SUBJECT TO ADJUSTMENT BASED ON TOTAL NUMBER OF TEAMS ENTERED). AFTER POOL WRESTLING TEAMS WILL BE SEEDED INTO PRELIMINARY BRACKET BASED ON POOL PERFORMANCE AND THEN ON POINT DIFFERENTIAL IN TEAM SCORES. POOL CHAMPIONS WILL RECEIVE TOP SEEDS FOLLOWED BY POINT DIFFERENCE SEEDING. BASED ON THE NUMBER OF TEAMS ENTERED TEAMS WILL THEN MOVE TO EITHER CHAMPIONSHIP OR CONSOLATION BRACKETS. EVERY TEAM SHOULD WRESTLE A MINIMUM OF 7 DUAL MEETS. EVERY EFFORT WILL BE MADE TO MAKE SURE ALL ALTERNATES GET AS MANY EXHIBITION MATCHES AS POSSIBLE.**

**AWARDS: TOP 8 TEAMS WILL RECEIVE TEAM AWARDS. CONSOLATION BRACKET CHAMPIONS WILL ALSO RECEIVE TEAM AWARDS. NATIONAL CHAMPIONSHIP INDIVIDUAL MEDALS WILL BE AWARDED TO TEAM MEMBERS AND INDIVIDUALS.**

**INDIVIDUAL MEDAL CRITERIA: MINIMUM 6 MATCHES WRESTLED: NO LOSSES – GOLD, 1 LOSS – SILVER, 2 LOSSES – BRONZE AND 3 LOSSES – COPPER.**

**ELIGIBILITY: ALL WRESTLERS MUST BE ENROLLED 6<sup>TH</sup> THROUGH 8<sup>TH</sup> GRADES AND NOT TURN 16 IN 2005 TO BE ELIGIBLE. COACHES PLEASE MAKE SURE YOU HAVE FOLLOWING INFORMATION AVAILABLE FOR YOUR TEAM MEMBERS AT THE TOURNAMENT:**

- CURENT AAU CARD
- COPY OF BIRTH RECORDS
- COPY OF REPORT CARD OR SCHOOL GRADE CERTIFICATION (ON SCHOOL LETTERHEAD)

**ALL TEAM MEMBERS MUST BE FROM SAME ASSOCIATION OR STATE**

**QUESTIONS: CALL LEE PAMULAK at 515 961 6116 or E-MAIL [Lpamulak@aol.com](mailto:Lpamulak@aol.com)**



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**ONCE YOUR DEPOSIT IS RECEIVED YOU WILL RECEIVE AN  
TEAM INFORMATION PACKET WITH SPECIFIC FORMS, MAPS AND  
INFORMATION ON THE MIDDLE SCHOOL DUALS.**

**TEAM ENTRY FORM**

**ENTRY FEE: \$800.00 IF DEPOSIT RECEIVED BY FEBRUARY 1, 2005**

**(\$100.00 DEPOSIT WILL RESERVE A SPOT FOR YOUR TEAM)**

**\$700.00 BALANCE DUE BY MARCH 15, 2005 or ADD \$100.00 LATE FEE.**

**ALL ENTRIES AFTER FEB. 1, 2005 WILL BE CHARGED \$900.00**

**MAIL YOUR DEPOSIT NOW TO RESERVE A SPOT**

**TEAM NAME** \_\_\_\_\_

**ASSOCIATION** \_\_\_\_\_ (MUST BE ASSOCIATION APPROVED)

**CONTACT** \_\_\_\_\_ **PHONE** \_\_\_\_\_

**E-MAIL** \_\_\_\_\_ **FAX** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**MAIL TO: MSN DUALS**

**BOX 513**

**INDIANOLA, IA 50125**

**MAKE CHECKS PAYABLE TO: MSNDuals/IOWA AAU WRESTLING**